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| **Lesson Plan** | **Class:**  **Physical Education 7** | **Date:** Tuesday 9/6 |
| **Topic:** Introduction to Football |
| **Learning Objectives** | **Standards** | **Materials** |
| The Student Will Be Able To:Throw and catch 5 passes cleanly with their partnerIdentify 3 different routes that are used in football | PA Standard:10.4.9.D10.5.9.B | 11 footballsProper fitness attire |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | **Strategies*** Peer Teaching
* Self Assessment
* Positive reinforcement throughout partner passing
 |
| WarmupRun/jog 2 minutesPushups 30 secondsSit-ups 30 seconds |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers |
| * Partner passing and catching
* Intro to flag football and its rules
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric |
| Class discussion before closing class. Things that we did well and skills that need more work next class |
| **Differentiation** |
| *Enrichment* |  | *Accomodations* |  |
| Students will get a partner and work on throwing and catching. This skill will be used countless times throughout flag football and ultimate football.  |  | Students will start very close, around 5 steps from each other. If students complete 5 throws and catches in a row without dropping, they may move 5 steps further back. This will keep introductory level and experienced students engaged. |  |

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